

ADRC OF WASHINGTON COUNTY ALZHEIMER'S/DEMENTIA DVD SELECTIONS AND INVENTORY

The Alzheimer's Project (3 DVD set - Alzheimer's Association)

- Disc 1 The Memory Loss Tapes, Caregivers, and Grandpa, Do You Know Who I Am?
The Memory Loss Tapes captures the devastating experience of memory loss from the point of view of the person with the disease.
Caregivers is a collection of five family portraits that illustrate caring for different stages of Alzheimer's disease.
Grandpa, Do You Know Who I Am? Inspired by her children's book "What's Happening to Grandpa," and her own experience with her father, Sargent Shriver, who has the disease, Maria Shriver provides commentary and guidance in the five lessons that offer advice on how grandchildren can cope with the experiences of having loved ones with the disease.
- Disc 2 Momentum in Science
A two-part, state-of-the-science odyssey that takes viewers inside the laboratories and clinic of 25 leading scientists and physicians, revealing some of the most cutting-edge research advances.
- Disc 3 Momentum in Science - The Supplementary Series

Alive Inside (Michale Rossato-Bennett)

Alive Inside is a joyous cinematic exploration of music's capacity to reawaken our souls and uncover the deepest parts of our humanity. Filmmaker Michael Rossato-Bennett chronicles the astonishing experiences of individuals around the country who have been revitalized and awakened by the simple act of listening to the music of their youth.

The Art of Caregiving with Teepa Snow (Pines of Sarasota Education and Training Institute)

This video is a 2 hour Alzheimer's/dementia care training DVD. Teepa Snow demonstrates effective approaches to bathing, eating, dressing, transfers and how to respond to certain types of behaviors in patients living with dementia.

A Thousand Tomorrows: Intimacy, Sexuality and Alzheimer's (Terra Nova Films)

One of the major changes that Alzheimer's brings to a spousal relationship is how it effects intimacy and sexuality. Through candid interviews with spouse caregivers and where possible, the spouse who has Alzheimer's, this video explores issues such as the blurring of roles between caregiver and intimate partner as the need for caregiving increases, changes in behavior that affect intimacy between the partners and changes in the sexual attraction between the partners.

The video opens up sensitive and sometimes taboo issues surrounding intimacy, sexuality and Alzheimer's so that those couples and individuals dealing with these issues can feel freer to talk about them in support groups or with professionals.

Backseat Bingo (Terra Nova Films)

This clever animated documentary effectively dispells societal preconceptions about romance and older adults. A refreshingly candid group of 70-, 80-, and 90-something seniors in a retirement community share personal revelations on their continued need for love and intimacy. This video draws its strength from the empowering honesty of the seniors who not only discuss their own romantic endeavors, but their own morality and the conscience choice they make to keep going on despite hardships, and the deaths of loved ones and friends.

A powerful reminder that love and desire (in their various forms) remain an integral part of healthy aging and personal well-being. Ideal as a discussion starter to help caregivers and family members broach the often overlooked subject of intimacy among older adults.

Bathing Without a Battle (University of North Carolina at Chapel Hill)

Persuading someone with dementia to take a shower who adamantly refuses to bathe, who insists that they just took a shower or they don't need a shower, is no easy task, often resulting in upsets, agitation, aggression and even injury. Yet the Bathing Without a Battle video demonstrates strategies, approaches and techniques, missed opportunities, and simple steps that can effectively involve the patient, replacing discomfort with willingness and participation, and putting a smile on their face, rather than clenched fingers on their hands. This outstanding training video is a "must see" for all healthcare professionals involved in any aspect of bathing patients.

Based on research and clinical experience, this video will grasp your staff's attention, introduce new techniques and transform upsetting and difficult bathing experiences into engaging and comfortable ones for both the patient and the caregiver. These strategies work in both facilities and home settings.

Complaints of a Dutiful Daughter

Deborah Hoffmann gradually realizes that her aging mother's confusion and forgetfulness is something more - Alzheimer's disease. With profound insight and a great deal of humor, Complaints of a Dutiful Daughter reveals the various stages of her mother's disease and the evolution of her own response to the illness. The desire to cure the incurable finally gives way to an acceptance which is liberating for both mother and daughter. Neither depressing nor medical, this video is much more than a story about Alzheimer's. It is ultimately a life-affirming exploration of family relationships, aging and change, the meaning of memory and love.

Creating Moments of Joy (Jolene Brackney)

Learn how to look beyond the challenges of Alzheimer's and connect with persons with dementia - by creating individual moments of joy! In this extensive two-part DVD, staff will learn experienced-based ways to make "quality connections" that embrace and celebrate who the person is, how to use activities as an avenue to boost self-esteem and well-being and how to reduce resident agitation through tone of voice, body language - and knowing what is important to the person at that particular moment.

Dementia Care: Aggressive Behavior (Terra Nova Films)

This video identifies the root causes of aggression and gives practical ways caregivers can help to reduce aggressive behavior. The DVD covers signs of agitation, aggression triggers (and how staff may unwittingly contribute to them) and the importance of allowing residents to communicate back techniques to maintain safety when an aggressive episode occurs. (continued)

As it promotes a "helping hand" versus a "forcing hand" approach to care, this video will teach staff better ways to approach residents and remain respectful of their personal space when providing assistance.

Dementia With Dignity (Terra Nova Films)

This video is based on Barbara Sherman's world acclaimed book of the same name. Barbara is a social worker, counselor, caseworker and family therapist with 30 years experience, now working as an educator and consultant in aged care. She was also a home carer - her late husband, Bill, had dementia.

End of Life Care & Letting Go with Teepa Snow (Pines of Sarasota Education and Training Institute)

Learn to recognize a patient's progression into the final stages of dementia and provide the best care with Teepa Snow's hands-on, disease-level appropriate techniques. In this 2 hour training program, Teepa explains how to connect with someone in late stage dementia, how to recognize and manage pain, and how to help the care team grieve the loss and celebrate the person's life.

Favorite Things - Summer Collection (MEternally)

Favorite Things is a series of DVDs created for the enjoyment of those with dementia, their caregivers and family. Through reminiscence we find comfort in our favorite things and form connections with people and the past.

The Summer Collection is an eye pleaser with the excitement of classic cars and boats of all kinds. Enjoy a day at the beach or a fishing trip without getting wet. Soothing and happy background music provides comfort and brings joy to your environment.

Filling the Day with Meaning with Teepa Snow (Pines of Sarasota Education and Training Institute)

Use engaging activities to give back moments of joy, happiness and an improved quality of life. Learn the difference between simple entertainment and engaging projects that stimulate brain activity.

This video specializes on challenging cases, such as individuals with early onset dementia. This 2.5 hour workshop is full of indispensable ideas and tips empowering you to give back moments of joy.

Grandpa, Do You Know Who I Am? (Maria Shriver)

Inspired by her children's book "What's Happening to Grandpa?" and her own experience with her father, Sargent Shriver, who has the disease, Maria Shriver provides commentary and guidance in the five lessons that offer advice on how grandchildren can cope with the experiences of having loved ones with the disease.

Hi Buddy (Terra Nova Films)

This video introduces Roger, a 53 year old man with Down's syndrome and a diagnosis of Alzheimer's disease. Observing Roger at home, at work and at a doctor's appointment, the viewer will note areas in which Roger is still independent and areas where he now requires assistance. Interviews with his family caregiver, physician and his work counselor provide essential information for family and professional caregivers working with older individuals with developmental delay and dementing illness. Despite Roger's decline, he still retains the ability to win over the world with his smile and cheerful nature.

I Remember Better When I Paint - Treating Alzheimer's Through the Creative Arts (Ellena and Huebner)

Initiatives that bring people with Alzheimer's to art and creative workshops are producing remarkably positive results. Personal stories are featured including that of Rita Hayworth as told by her daughter, Yasmin Aga Khan. Dozens of day care centers, nursing homes and assisted-living facilities are using drawing, painting and museum visits as effective therapies, making it possible to improve the quality of life and restore a dialogue with caregivers. Scientists have discovered that the parts of the brain related to emotions and creativity are largely spared by the disease. Today experts recognize the benefits of these new approaches that dramatically change the way we look at Alzheimer's.

I'll Be Me (Glen Campbell)

In 2011, music legend Glen Campbell set out on an unprecedented tour across America. The thought it would last 5 weeks, instead it went for 151 spectacular sold out shows over a triumphant year and a half across America.

What made this tour extraordinary was that Glen had recently been diagnosed with Alzheimer's disease. He was told to hang up his guitar and prepare for the inevitable. Instead, Glen and his wife went public with his diagnosis and announced that he and his family would set out on a "Goodbye Tour."

The film documents this amazing journey as he and his family attempt to navigate the wildly unpredictable nature of Glen's progressing disease using love, laughter and music as their medicine of choice.

Improving Emergency Services for Dementia Patients with Teepa Snow (Pines of Sarasota Education and Training Institute)

Recognizing symptoms of dementia and knowing how to reduce stress and resistance during precarious situations is vital for emergency personnel. This video teaches law enforcement officers, fire fighters, EMTs, 911 Dispatchers, and emergency room personnel how to best handle challenging behaviors and issues related to abuse or neglect.

In-Home Dementia Care: Tips & Techniques with Teepa Snow (Pines of Sarasota Education and Training Institute)

Caring for your loved one living with a form of dementia in the home setting can create challenges those on the outside can only imagine. Without a strong support system and hands-on skill, this very difficult job can easily leave caregivers feel stressed, overwhelmed and isolated.

It's All In Your Approach with Teepa Snow (Pines of Sarasota Education and Training Institute)

In this video, Teepa Snow teaches her students how a person with dementia perceives his/her environment and how to properly adapt one's own behavior to increase communication and the patient's quality of life.

Learn techniques to improve communication, mutual understanding, better manage distress and more.

The Journey of Dementia with Teepa Snow (Pines of Sarasota Education and Training Institute)

Preparation and readiness are key to being the best possible caregiver. This video is packed with over three hours of essential preparation tips and advice to provide you with vital information and solutions for all situations.

Lewy Body Dementia - What Everyone Needs to Know with Teepa Snow (Pines of Sarasota Education and Training Institute)

Lewy Body Dementia (LBD), the second most prevalent form of dementia, is regularly misdiagnosed and particularly challenging for caregivers and patients alike. Knowing about LBD-specific medication interactions is critical to best protect your loved one or patient, and solutions for behavioral challenges will help you increase mutual understanding.

More Than A Thousand Tomorrows with Bonus Feature "Is It the Right Time?": The Nursing Home Decision (Terra Nova Films)

A follow-up to the video "A Thousand Tomorrows: Intimacy, Sexuality, and Alzheimer's, this video revisits one of the couples, Everett and Betty Jordan. This DVD looks at the progression of changes Alzheimer's causes in their intimate relationship over a seven year period. Central to the video is Everett's candid discussion of his feelings and decisions regarding his ongoing intimate relationship with Betty, and how

he has coped.

Updated with Bonus Feature "Is It the Right Time?": The Nursing Home Decision, this addition has several of Betty and Everett's children coming together to discuss the issue of how to place Betty in a long-term care facility - how the decision was made and what could have been handled better. Their frank and honest discussion sheds light on the very emotional and difficult decision.

More Than Words: A New Culture of Care and Communication with Persons Who Have Dementia (Terra Nova Films)

In the same vein as the best-selling title, "Choice and Challenge: Caring for Aggressive Older Adults Across Levels of Care," this culture-changing DVD demonstrates through real interactions how person-centered care and knowledge of the resident can reduce dementia-related episodes such as sundowning, aggressive-protective reactions when bathing, and wanting to leave. As it pinpoints the crucial role of the CNA as caregiver and friend, it also shows the importance of creating a true "relationship" with persons with dementia, communicating directly, accepting their reality and personal preferences, and boosting self-esteem by encouraging use of remaining abilities.

Recognizing and Responding to Emotions In Persons With Dementia (Terra Nova Films)

Often in persons with dementia non-verbal signs are more accurate communications than verbalization. This new video will teach caregivers how to understand and decipher facial expressions, vocal signs and body language in persons with dementia.

The Savvy Caregiver (HealthCare Interactive)

The Savvy Caregiver Program was developed in conjunction with experts and researchers from Emory University, Duke University, the University of Minnesota and Michigan State University and is one of the top three family caregiving programs recommended by the US Administration on Aging/Administration on Community Living (AoA/ACL). It can help you reduce stress in your life while creating a better life for your loved one with memory loss or dementia.

In this award-winning program and online supplements, you'll see videos of real people sharing their caregiving concerns openly and honestly. You'll learn the basics about dementia, how dementia affects thinking skills, your new role as a "caregiver," and effective ways to respond to changes in the behavior of your loved one.

Sexuality, Intimacy and Dementia in Residential Care Settings (Terra Nova Films)

This 5-chaptered DVD brings forth a thoughtful, much-needed exploration of sexuality, intimacy and dementia, and the complex issues that impact residents, family members and care staff. Through five 15-20 minute videos, the DVD looks at the relevant concerns of intimacy and sexuality on quality of life, freedom to express sexuality, capacity to consent, resident protection, and potential legal ramifications. It also touches on the needs of LGBT residents, how to address resident-to-resident and resident-to-visitor encounters and how to find workable solutions with the support of family members.

Understanding Frontotemporal Dementias with Teepa Snow (Pines of Sarasota Education and Training Institute)

Frontotemporal Dementias (FTDs), an umbrella term for a range of disorders affecting the frontal and temporal lobes of the brain, are particularly challenging for families and professional caregivers. Odd, often impulsive behaviors and potential loss of language are just a few symptoms causing frustration and anxiety.

You're Not Alone

Three American families share their personal stories of having, and raising, a special needs child. The documentary "You're Not Alone" allows the Lee, Simpson, and Schragger-Dana families to tell their stories, in their own words, and with tremendous candor. Dr. Ken Moses, a renowned psychologist and also father to a special needs adult, gives clinical backbone to how parents and siblings contend with often daunting circumstances. As Mazola Simpson says in the film: "I found a lot of special needs parents don't talk about their children. Talk about it... Express yourself!"